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# MONSTER DASH 5K



**Blanchard Woods Park  
October 15, 2011**



**Race Details:** 5K cross-country race **Date:** Saturday, October 15 **Entry Fee:** \$15.00

**Race Registration / Start:**

Registration will begin at 7:00 a.m. at Blanchard Woods Park . The race will start at 8:00 a.m.

(Prizes awarded to top male and female overall finishers as well as 1st, 2nd, and 3rd in each age group)

**Age Groups:**

10 & under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & over

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Sex    M       F       Age as of 10/15/2011: \_\_\_\_\_ T-Shirt Size:   YS    S    M    L   XL   XXL

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Waiver: In consideration of my entry being accepted, I hereby for myself, heirs, executors, and administrators waive and release any and all rights and claims for damages I may have against the Race Committee and Columbia County, for any and all injuries suffered by me while competing in and traveling to and from the Monster Dash 5K.

Signature \_\_\_\_\_ Date: \_\_\_\_\_

Parent/ Guardian if Under 18: \_\_\_\_\_ Date \_\_\_\_\_

Mail Entries to:  
Columbia County Recreation  
5445 Columbia Road  
Grovetown, GA 30813

For More Information Call:  
706-863-7523